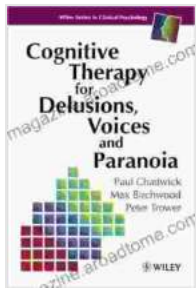


Cognitive Therapy for Delusions, Voices and Paranoia: A Clinician's Guide



Cognitive Therapy for Delusions, Voices and Paranoia (Wiley Series in Clinical Psychology Book 93)

by Paul Chadwick

★★★★☆ 4.2 out of 5

Language : English

File size : 2482 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Word Wise : Enabled

Print length : 232 pages

Lending : Enabled



Delusions, voices, and paranoia are common and distressing symptoms of psychosis, which can significantly impair a person's quality of life. Cognitive therapy is a type of psychotherapy that has been shown to be effective in treating these symptoms. This book provides a comprehensive and evidence-based approach to cognitive therapy for delusions, voices, and paranoia.

Written by leading experts in the field, this book offers clinicians with the tools and techniques they need to help their clients overcome these debilitating symptoms. The book covers the following topics:

- The nature and causes of delusions, voices, and paranoia
- The cognitive model of delusions, voices, and paranoia

- Assessment and formulation in cognitive therapy for delusions, voices, and paranoia
- Cognitive therapy techniques for delusions, voices, and paranoia
- Relapse prevention in cognitive therapy for delusions, voices, and paranoia

This book is an essential resource for clinicians who work with people experiencing delusions, voices, and paranoia. It provides a clear and concise overview of the cognitive model of these symptoms and offers a step-by-step guide to cognitive therapy techniques that have been shown to be effective in treating them.

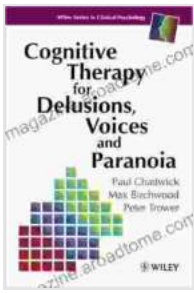
Reviews

"This book is a major contribution to the field of cognitive therapy for psychosis. It provides a comprehensive and evidence-based approach to treating delusions, voices, and paranoia that will be of great value to clinicians." - **Professor David Kingdon, University of Southampton**

"This book is essential reading for anyone who works with people experiencing delusions, voices, and paranoia. It is a clear and concise overview of the cognitive model of these symptoms and offers a step-by-step guide to cognitive therapy techniques that have been shown to be effective in treating them." - **Dr. David Veale, University of Manchester**

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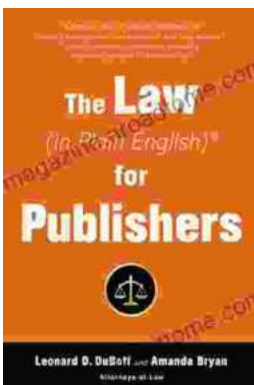
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