

# Families Then and Now: What Makes Family?

The family is one of the most fundamental institutions in human society. It is a group of people who are related to each other by blood, marriage, or adoption. Families provide us with love, support, and a sense of belonging. They also help us to learn about ourselves and the world around us.

But what is a family? And how has it changed over time? In her new book, *Families Then and Now: What Makes Family?*, author [Author's Name] explores the evolution of family structures and dynamics. She examines the impact of social, economic, and cultural changes on the institution of family.



## Families Then and Now (What Makes a Family)

by Martha E. H. Rustad

★★★★★ 5 out of 5

Language : English

File size : 18806 KB

Print length : 25 pages

Screen Reader : Supported

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Drawing on a wealth of research, [Author's Name] shows that the family has undergone significant changes in recent decades. These changes include:

- The rise of single-parent families
- The increasing number of couples living together without marrying
- The growing acceptance of same-sex marriage

- The increasing diversity of family structures

These changes have led to a rethinking of what constitutes a family. No longer is the nuclear family the only recognized family structure. Today, there are many different types of families, each with its own unique strengths and challenges.

In *Families Then and Now*, [Author's Name] argues that the family is more than just a legal or biological construct. It is a social and emotional unit that provides us with a sense of identity and belonging. Families are constantly evolving, but they remain an essential part of our lives.

This book is a must-read for anyone who is interested in the family. It is a thought-provoking and insightful look at how the family has changed over time and what the future holds for this important institution.

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*Families Then and Now: What Makes Family?* is available now at all major bookstores. You can also Free Download your copy online at [Website Address].



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