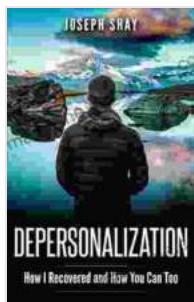


How I Recovered And How You Can Too: A Journey of Hope and Healing



Depersonalization: How I Recovered and How You Can Too by Kristofer Pierson

★★★★☆ 4.6 out of 5

Language : English
File size : 2023 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 59 pages
Lending : Enabled



I never thought I would be an addict. I was a good kid, from a good family, with a bright future ahead of me.

But then I started experimenting with drugs and alcohol. At first, it was just a way to have fun and let loose. But soon, I was using them to escape from my problems. I was using them to numb the pain. I was using them to fill the void.

Before I knew it, I was addicted. I was lying to my family and friends. I was stealing money to buy drugs. I was putting my life in danger.

I hit bottom when I was arrested for drunk driving. I lost my job, my apartment, and my family. I was all alone, with nowhere to turn.

But then, I found recovery. I found a 12-step program, and I started working the steps. I got a sponsor, and I started going to meetings. I started to learn how to live a life without drugs and alcohol.

It wasn't easy. There were many times when I wanted to give up. But I kept going, one day at a time.

And today, I am grateful to be in recovery. I have my life back. I have my family back. I have my friends back. And I have my dignity back.

I am not perfect. I still have bad days. But I have learned how to cope with my problems without using drugs and alcohol. I have learned how to live a happy and fulfilling life.

If you are struggling with addiction, I want you to know that there is hope. Recovery is possible. I am living proof.

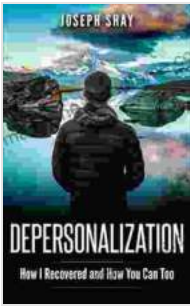
This book is my story. It is a story of hope and healing. It is a story that will give you the courage to face your own challenges and overcome them.

I hope that you will read this book and find the inspiration that you need to start your own journey of recovery.

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This book is available in paperback, hardcover, and e-book formats. Free Download your copy today and start your journey of recovery.

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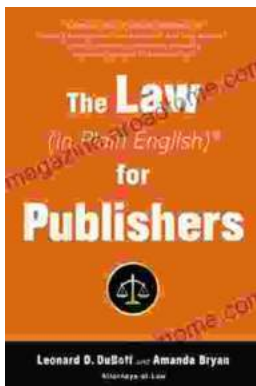
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