

Lara Takes Charge: Helping Kids Understand Diabetes

Diabetes is a condition that affects the way the body uses glucose, or sugar. Glucose is the body's main source of energy, and it comes from the food we eat. In people with diabetes, the body either doesn't make enough insulin, or it doesn't use insulin well. Insulin is a hormone that helps glucose get from the blood into the cells.

There are two main types of diabetes:

- **Type 1 diabetes** is an autoimmune disease in which the body's immune system attacks and destroys the cells in the pancreas that make insulin.
- **Type 2 diabetes** is a chronic condition in which the body becomes resistant to insulin.

Diabetes is a serious condition, but it can be managed. With proper treatment, people with diabetes can live long, healthy lives.



Lara Takes Charge (Helping Kids Understand Diabetes Book 1) by Rocky Lang

★★★★☆ 4 out of 5

Language	: English
File size	: 6821 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 28 pages
Lending	: Enabled



Lara Takes Charge is a children's book that helps kids understand diabetes. It follows the story of Lara, a young girl who is diagnosed with diabetes and learns how to manage her condition. The book is written in a fun and engaging way, and it includes helpful tips and information for kids with diabetes.

Lara Takes Charge is a great resource for kids with diabetes, as well as for their parents and teachers. The book can help kids to:

- Understand what diabetes is and how it affects the body
- Learn how to manage their diabetes, including how to take medication, check their blood sugar, and eat healthy foods
- Feel more confident and capable in managing their diabetes
- Connect with other kids who have diabetes

Lara Takes Charge is available for Free Download online and at bookstores everywhere. Free Download your copy today and help your child understand and manage their diabetes.

"Lara Takes Charge is a wonderful book that helps kids understand diabetes in a fun and engaging way. My son was diagnosed with diabetes last year, and this book has been a great help in teaching him about his condition. He loves the story of Lara, and he's learned a lot from the helpful tips and information in the book." - Our Book Library customer

"I'm a teacher with several students who have diabetes. I Free Downloaded Lara Takes Charge for my classroom, and it's been a great resource for my students. The book has helped them to understand their diabetes and learn how to manage it. I highly recommend this book for any child with diabetes." - Our Book Library customer



Lara Takes Charge (Helping Kids Understand Diabetes

Book 1) by Rocky Lang

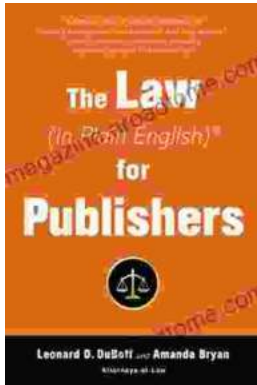
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