# Life Advice From a Fat Lazy Slob Who Did Good: The Ultimate Guide to Achieving Success Without Sacrificing Your Sanity

Are you tired of feeling like you're always behind? Do you feel like you're constantly struggling to keep up with the demands of work, family, and life? If so, then you need to read *Life Advice From a Fat Lazy Slob Who Did Good*.



### Tough Sh\*t: Life Advice from a Fat, Lazy Slob Who Did

Good by Kevin Smith

Language : English
File size : 728 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 271 pages



This book is full of practical, actionable advice that will help you overcome procrastination, achieve your goals, and live a happier, more fulfilling life. The author, Mark Manson, is a self-proclaimed "fat lazy slob" who somehow managed to achieve great success in life. He shares his story and his insights in this book, and he offers a unique perspective on how to live a good life.

Here are just a few of the things you'll learn in this book:

- How to overcome procrastination
- How to set achievable goals
- How to stay motivated
- How to deal with stress and anxiety
- How to live a happier, more fulfilling life

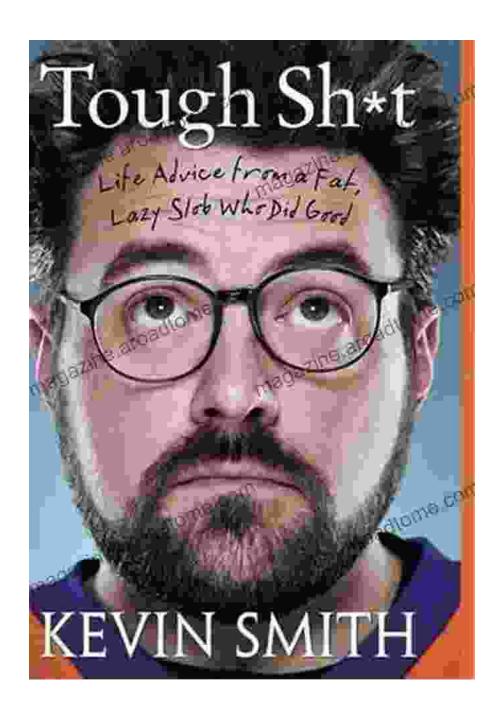
If you're ready to make a change in your life, then this book is for you. *Life Advice From a Fat Lazy Slob Who Did Good* will help you overcome the obstacles that are holding you back and achieve the success you deserve.

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You won't regret it.





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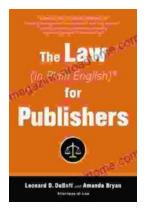
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