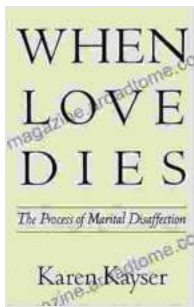


The Process of Marital Disaffection: Perspectives on Marriage and the Family

Marital disaffection is a serious problem that can lead to divorce, separation, and other negative consequences. It is important to understand the process of marital disaffection in Free Download to prevent it from happening or to address it effectively if it does occur.



When Love Dies: The Process of Marital Disaffection

(Perspectives on Marriage and the Family) by Karen Kayser

★★★★★ 5 out of 5

Language : English

File size : 2838 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Word Wise : Enabled

Print length : 191 pages



The process of marital disaffection typically begins with a decline in communication. Couples may stop talking to each other about important issues or may only communicate in a superficial way. This can lead to a feeling of isolation and loneliness, as well as a lack of understanding and support.

As communication declines, couples may also begin to spend less time together. They may start to avoid each other or may only spend time together in the presence of other people. This can further increase feelings of isolation and loneliness, as well as make it difficult to resolve conflicts.

Over time, the lack of communication and time spent together can lead to a decline in intimacy. Couples may stop touching each other or engaging in other forms of physical affection. This can further erode the bond between them and make it difficult to feel connected to each other.

The process of marital disaffection can also be fueled by other factors, such as financial problems, infidelity, or substance abuse. These factors can put a strain on the relationship and make it difficult for couples to cope with the challenges of everyday life.

If marital disaffection is not addressed, it can lead to a number of negative consequences, including:

- Divorce or separation
- Emotional distress
- Physical health problems
- Financial problems
- Problems with children

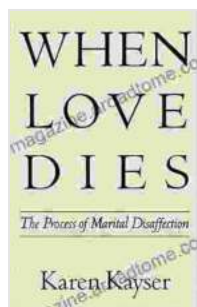
There are a number of things that couples can do to prevent or address marital disaffection. These include:

- Communicating openly and honestly with each other
- Spending quality time together
- Being affectionate and intimate with each other
- Seeking professional help if needed

Marital disaffection is a serious problem, but it is one that can be overcome. By understanding the process of marital disaffection and taking steps to address it, couples can rebuild their relationship and create a lasting and fulfilling marriage.

Additional Resources

- American Psychological Association: Marital Disaffection
- The Gottman Institute: What is Marital Disaffection?
- Psychology Today: The Silent Killer of Relationships



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