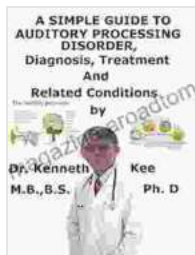


The Simple Guide to Auditory Processing Disorder: Diagnosis, Treatment, and Related Conditions



A Simple Guide To Auditory Processing Disorder, Diagnosis, Treatment And Related Conditions

by Kimberly A. Tessmer

★★★★☆ 4.8 out of 5

Language : English
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Screen Reader : Supported
Enhanced typesetting : Enabled
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Auditory Processing Disorder (APD) is a neurological condition that affects how the brain processes sound. It can make it difficult for people with APD to understand speech, especially in noisy environments. APD can also affect other auditory skills, such as:

- Localizing sound
- Discriminating between sounds
- Remembering sounds
- Following directions

APD is a common condition, affecting about 5% of children and adults. It is often misdiagnosed as other conditions, such as ADHD, autism, or dyslexia. However, with proper diagnosis and treatment, people with APD can learn to cope with their symptoms and live full and productive lives.

Symptoms of APD

The symptoms of APD can vary depending on the severity of the disorder. Some common symptoms include:

- Difficulty understanding speech, especially in noisy environments
- Problems following directions
- Difficulty remembering what has been said
- Difficulty localizing sound
- Difficulty discriminating between sounds
- Tinnitus (ringing in the ears)
- Hyperacusis (sensitivity to sound)
- Balance problems
- Motion sickness

Causes of APD

The exact cause of APD is unknown, but it is thought to be caused by a combination of genetic and environmental factors. Some risk factors for APD include:

- Premature birth

- Low birth weight
- Exposure to ototoxic drugs (drugs that can damage the hearing)
- Head injury
- Autism
- ADHD
- Dyslexia

Diagnosis of APD

APD is diagnosed through a series of tests that assess auditory skills. These tests may include:

- Audiometry
- Tympanometry
- Speech perception tests
- Auditory brainstem response (ABR) test
- Otoacoustic emissions (OAE) test

Treatment for APD

There is no cure for APD, but there are treatments that can help to improve symptoms. These treatments may include:

- Auditory training
- Speech therapy
- Occupational therapy

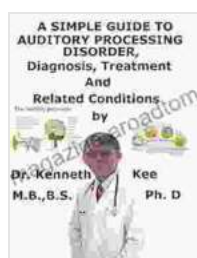
- Medication

Related Conditions

APD is often associated with other conditions, such as:

- ADHD
- Autism
- Dyslexia
- Learning disabilities
- Sensory processing disorder

APD is a common condition that can affect people of all ages. It is important to be aware of the symptoms of APD so that you can seek diagnosis and treatment if necessary. With proper treatment, people with APD can learn to cope with their symptoms and live full and productive lives.



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